



home instead.



*Care starts
at home*

In-home care tailored to your needs



Confused about care?

We know you want the best for your loved one, so when it comes to arranging home care, we've made it easy with personalised, attentive care that adapts as your needs change.

Taking the time to listen and understand your unique circumstances, we're confident we can help your loved one live a more independent life at home, while helping you find balance as a caregiver.

From warm and friendly companionship, to specialised, practical care that puts their needs and preferences first, we are changing the way people think about home care.

Happiness at home

Your home is where your loved ones feel most comfortable and happiest. It is the place they know the best.

If they want to stay living comfortably at home and need some support to do so, we can help you make that choice an informed one.

We specialise in the care of older people and help them stay connected to their community in a cost-effective way that is practical for all the family. We help to make sure family time is quality time.

Research suggests that the majority of people would rather live until old age at home, but people often mistakenly believe that when health deteriorates, residential care is the only way forward. Moving in with relatives is often not possible. With our home care, which is based on consistency and companionship, we offer a very desirable and affordable choice.

We are Home Instead® and we are changing the UK's attitude to care and to ageing with our distinctive approach to supporting people at home.

“I'm very pleased with the service given to my mother. Staff are always *friendly, helpful and accommodating* to her needs.’

Mr S. Anning, client's son



Our care

When it comes to care, there's no 'one size fits all' approach, so we don't offer one. What we do is personal, tailored, flexible and it's adaptable as needs change.

Our home care services are wide-ranging. For instance, some older people are very good at looking after themselves in the home but need help with shopping. Others may need help with preparing meals or help around the home.

Additionally, our care and support takes into account other things such as monitoring health conditions and we also offer specialised services tailored for those living with life changing or long-term illnesses such as dementia, Parkinson's disease and many others.



Home Help

The benefits of a clean and tidy home are far-reaching.



Companionship

Sharing company with others brings a new lease of life.



Personal Care

Support to help you take care of yourself with dignity and respect.



Dementia Care

Being proactive in living well with dementia

How we are different

Personal touch

Through years of caring for older people in their own homes all around the world, we have gathered many innovative ways of ensuring people can continue living happily and successfully at home.

Lovely people

Our Care Professionals are matched with like-minded clients based on their interests. Being handpicked for their caring heart, they quickly become the faces our clients come to love and trust. Continuity of care is important for us to build on that relationship.

Expertise

Our pioneering training ensures all our people are expertly qualified to look after our clients who in turn welcome having a Care Professional supporting them in their own home.

Affordable and appealing

We know that cost is one of the biggest concerns about care, so we've made our service stress-free and excellent value. Our costs are very easy to understand and manage, and you are always firmly in control.

Quality time

We believe all visits should not be rushed, so that so that there is plenty of time for quality care and ample time left during the visit to chat and build the relationship.



Inspected and rated

Outstanding ☆



Care Quality
Commission

Home Instead near you

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Why Home Instead

Home Instead has been at the forefront of specialised home care and supporting those being cared for and their families for many years.

We set the bar extremely high in terms of the standards of care we deliver. We do this because we believe people who need care and support should be confident they have made the right decision.

Letting someone provide care for you can be a very personal experience. It is important to us to ensure care from Home Instead is consistently reliable, trustworthy and of the highest quality possible.

Our high quality, award-winning care comes down to our Care Professionals who are handpicked for their caring heart, friendly character and empathy. Our people love what they do and are proud to do it.

Every year we commission a survey of clients and Care Pros, carried out by WorkBuzz, an independent research organisation. In our latest results 97% of clients said that they would recommend Home Instead's services.



Dementia Care



Dementia and its associated conditions, like Alzheimer's, is becoming ever more prevalent in older people as we start to live longer.

But we're also getting more adept in recognising the signs and achieving an early diagnosis. With or without a diagnosis, people still need help retaining as much independence as possible.

Early support can help families establish care as part of a daily routine, helping those with dementia-related challenges to remain independent.

At Home Instead, we know how challenging it is caring for someone with dementia, but our years of experience mean we are experts in providing effective, compassionate and dignified Alzheimer's and dementia care at home.



Live-in Care



Live-in care involves a specially chosen Care Professional moving into a client's home to provide companionship and practical support.

This enables older adults to continue living life and enjoying their preferred routines and activities, while safe in the knowledge there is always someone around when needed. With Live-in Care, families get peace of mind knowing there is someone looking out for their loved one's health and wellbeing, even when they can't be there. Live-in Care helps older adults to:

- Access care in the comfort of their own home, rather than in a residential care home
- Benefit from continuous 1-2-1 care from a dedicated Care Pro who lives in the home long-term
- Enjoy having someone around to help with everyday tasks and offer companionship



“The time we
spend with mum now is
fun time. It’s really taken the
pressure off all of us.’

Maureen McAndrew, family member

Healthcare at Home



At Home Instead we understand that your care needs can vary. Living with an existing health condition or a new condition that involves additional complex care can be stressful, daunting and distressing.

Home Instead provides highly trained Care Professionals, experienced in various common clinical skills, such as catheter care, enteral feeding care, stoma care and basic wound care. Requiring complex care does not mean having to compromise your living arrangements.

Our Care Professionals are trained extensively to support clients living with conditions such as epilepsy, insulin-dependent diabetes, spinal cord injury, acquired brain injury and motor neurone disease amongst others.

Specialist Care



We provide a range of Specialist home care services for a variety of circumstances from general personal care to more complex clinical care.

Specialist home care is all about tailoring the service to the individual; we listen to what you need and want from us. As well as services like companionship or dementia care, our trained Care Professionals can help with a range of clinical support such as catheter care, stoma care, feeding tube assistance and medication assistance to name just some of our extensive range of support, all available as either visiting home care services or Live-in Care options.

At Home Instead, we're also here to help deal with minor issues before they become serious ones. We can help prevent unnecessary hospital admissions by liaising with your healthcare team to address problems such as blood pressure and oxygen monitoring early.

If you're looking for a support package on your return home from hospital, we can also help with your hospital discharge by providing postoperative and recovery care to ensure you get the right attention at the right time.





What's next?

If you know of someone who could benefit from our high quality care, please get in touch.



Home Instead Inverclyde & North Ayrshire
Victoria House,
5 East Blackhall St,
Greenock,
Inverclyde
PA15 1HD

Telephone
01475 603 860

enquiries@greenock.homeinstead.co.uk

<https://www.homeinstead.co.uk/inverclyde-north-ayrshire/>

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